

# The Science of LBL

Below are the notes from the raw ideas, points, and discussions that were recorded on flipcharts during our afternoon group sessions, “The Science of LBL”. Audio clips from the discussions are included. The audio file will open in a new tab, but you may click back to this screen to if you wish to read along as you listen to the discussions.

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## New LBL Trends



**Audio excerpt** from this discussion

1. 50% of clients report transitioning, adapting, recalibrating vibrational frequencies and multi-dimensional states of being. Soul maturity levels are more nuanced.
2. Clients are more self-directed in the Spirit World. Fewer visits to Guides and Council?
3. Emphasis on service: from “I” to “We”.
4. Less-defined pictures of the Spirit World. More than 50% experience energetic forms.
5. Emphasis on “Being” more than “Doing”.
6. Encouraged to align with higher vibrational states, and finding answers that way.
7. The changing “face” of clients: • Younger (18 – mid 20’s) • Empaths (boundary issues) • An interrelation between our therapists’ experience and evolution and the clients’
8. Ancestral healing
9. Mid-life downloads
10. Clients say “This is my last lifetime”
11. Telepathic communication is more common
12. Clients report cosmic changes and preparing for a new Earth. Ascended Masters.
  - If all is consciousness, then we are all connected.
  - Is this earthly incarnation a virtual reality evidenced by repeating pattern- binary codes, Fibonacci
  - Lives as simultaneous—Not past, sequential
  - Are there teachers/programmers of this virtual reality? Are they us? What percent did we bring?
  - Can we change time? Stop time?
  - Sharing data with Quantum Physics—cross-validating, evaluating.

- Raising frequency and vibration of ourselves and our clients • Children as key to future elevation of consciousness
- New station stops to expand awareness

\*Action: Evaluating emerging theories teams

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## Assistance to Human Consciousness from Other Places



**Audio excerpt** from this discussion

- Inorganic/organic consciousness-mineral Kingdom/soil
- Ancient wisdom
- Elemental realm
- Channeling higher beings/entities
- Angelic realms
- Animals
- Plants
- Deceased relatives/ancestors

Inner Earth Purpose: What is your mission?

- To teach
- To help
- To hold space/vibration for Earth
- To learn
- To love
- To experience
- Collect data
- To assist other worlds

How best to help clients/What do clients need?

- Identity
- Bring it in, don't label, judge, or structure
- Heritage
- Assist with connecting with their tribe

- Belonging
  - Legitimizing that they are unique
  - Permission/confidentiality
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## Changes in Communication with Council, Guides, Higher Self



**Audio excerpt** from this discussion

- Labels limiting
  - Defies language
  - Michael brought LBL in a format people could comprehend and accept
  - Soul is the link between Source and Human
  - Focus Points of the Whole:
    - Guides
    - Council Members
    - Different vibrations and functions
  - We are a link and interpreter all at the same time.
  - Meet clients where they are, because we have experiences those same levels ourselves
  - LBL is the vehicle for integration of different vibrations to become the multidimensional being we are
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**Audio excerpt:** *Emerging Context of Reality*

## Science of LBL Topics

1. What is our true relationship with our Council
2. Why would my higher-self put me through this?
  - A. Spiritual Detour
  - B. Difficult childhoods
3. If there are 7 levels to Heaven, are we just accessing the 1st level? What is the next level like?

4. How are Souls “born”? What is the experience of the Soul-Nursery through 1st incarnation?

## Science of LBL Ideas

1. Guides- Exploring the matrix of the self
  2. Integration with Council
  3. Mega Council
  4. Non-Earthlings
  5. What happens to souls who don't go straight to the Spirit World after death? (“Belief System Territories”) (Ghosts, etc.) (Bardo, Earthbound)
  6. Integration of learning into daily life- power of shift of identity
  7. How can we handle all the information on “New LBLs” in the best possible way, as LBL therapists and as an organization?
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**Audio excerpt:** *Wrap-Up* by Pete Smith